



Bekito.

patterns and color

patterns and color

Blueberry Beret

This hat was inspired by the lovely yarn I hand-dyed at a dyeing workshop. There were so many variations in blues that an embossed leaf pattern was hidden. I decided to knit with a bubbly pattern in order to take advantage of the variations in color.

The Gooseberry stitch was the perfect textural stitch to use; it looks very like some crochet stitches, and gathers the yarn in clumps of color, so we end up with dark navy “berries” sitting in the midst of bright turquoise “berries”.

I have modified the stitch to knit in the round, and also to eliminate the K3tog, as I find that particularly difficult to do.

I used Fyberspate’s Scrumptious Aran to make this hat. The color was dyed by me, but any Aran-weight yarn will do (heavy worsted). I’m sure this hat would be lovely in a nice solid cherry red as well, though you might need to call it a cherry beret if that were the case.

You will need:

- 4.5mm (US7)circular needle -16 inch (or 32 inch for ML)
- 5mm (US 8)circular needle -16 inch (or 32 inch for ML)
- 5mm (US8)DPNs if not using magic loop
- 1 tapestry needle

Yarn:

- 150m Aran-weight yarn (100g skein should do it)

I used Fyberspates Scrumptious, which is a wool-silk blend. Other yarns to substitute would include Malabrigo Worsted (Aran) or even Debbie Bliss Cashmerino Aran



Gauge:

- 18 stitches and 24 rows over 10cm (4inches) on 5mm (US8) needles

Sizes:

- Hat will fit most adult head sizes.
- Some adjustment may be required to fit child’s head, or someone with a really big noggin.

Right, let’s begin shall we?



To start, Cast on 88 Stitches on the 4.5mm circulars. I find it easier sometimes to knit one or two rows flat in the pattern suggested before joining in the round. As we are just establishing a K2/P2 rib, the stitches should be the same:

- 1st 5 rounds: (K2, P2) x 22
- Round 6 (*increase round*) : Change to 5mm circulars; K2, (M1, K3) x 29, M1, K2
- Round 7: [P1, (K1, YO, K1, YO, K1) all in the same stitch – make 5 sts out of 1] 59 times
- Round 8: Purl
- Round 9: [P1, (slip 3 sts, K2tog, Pass 3 slipped stitches over needle)] 59 times
- Round 10: Knit
- Round 11: [(K1, YO, K1, YO, K1) all in 1 st, P1] 59 times
- Round 12: Purl
- Round 13: [(sl3, K2tog, P3sso), P1] 59 times
- Round 14: Knit
- Rounds 15-17, Repeat rounds 7-9
- Round 18 (*decrease*): (K3, K2tog) around, K1 (94 sts)
- Round 19: [(K1, YO, K1, YO, K1) all in 1 st, P1] 47 times
- Round 20: Purl
- Round 21: [(sl3, K2tog, P3sso), P1] 47 times
- Round 22 (*decrease*) : (K2, K2tog) around, K1 (70 sts)
- Round 23: [P1, (K1, YO, K1, YO, K1) all in 1 st] 35 times
- Round 24: Purl
- Round 25: [P1,(sl3, K2tog, P3sso)] 35 times
- Round 26 (*decrease*) : (K 1, K2tog) 22 times, K1 (48 sts)
- Round 27: [(K1, YO, K1, YO, K1) all in 1 st, P1] 24 times
- Round 28: Purl
- Round 29: [(sl3, K2tog, P3sso), P1] 24 times
- Round 30 (*decrease*) : (K1, K2tog) around (32 sts)
- Round 31: [P1, (K1, YO, K1, YO, K1) all in 1 st] 16 times
- Round 32: Purl
- Round 33: [P1,(sl3, K2tog, P3sso)] 16 times
- Round 34 (*decrease*): (k2tog) 16 times
- Round 35: [(K1, YO, K1, YO, K1) all in 1 st, P1] 8 times
- Round 36: Purl
- Round 37: [(sl3, K2tog, P3sso), P1] 8 times

When the work begins to get tight, change to your 5mm DPNs, or begin pulling out the side loop for Magic Loop method.

To make up the hat, cut your yarn, leaving enough to draw through the remaining 16 sts using the tapestry needle.

Weave in the ends.

To block: a dinner plate works well to block hats. Dampen hat, thread some waste yarn through the brim to tighten it, and wrap around an upside-down dinner plate.

If none are available, dampen hat and pin out where the hat is the widest

Then, rock that beret.